



# Cambridge School

## Cambridge School 2022-2023 COVID Guidelines

*\* Subject to change in response to state and local health guidelines*

In response to COVID, Cambridge School has a core set of disease prevention strategies that are routine. The specific prevention strategies, listed below, are directly related to the local [COVID Community Levels](#).

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|----------------------------------|--|
| <b>Contact &amp; Calendar</b>    | <b>Ellen Gonzales, <a href="mailto:egonzales@thecambridgeschool.org">egonzales@thecambridgeschool.org</a></b><br><a href="#">LS/MS 2022-2023 Year At A Glance</a><br><a href="#">US 2022-2023 Year At A Glance</a>   |
| <b>Accommodation</b>             | <b>Details</b>   |
| <b>Airflow &amp; Ventilation</b> | <ol style="list-style-type: none"> <li>1. Open windows and doors as much as possible.</li> <li>2. Fans to increase the effectiveness of open windows when needed.</li> <li>3. Outdoor snack, lunch, and classes when possible.</li> <li>4. HEPA Air purifiers/filters used in all rooms.</li> <li>5. HVAC system modifications have been completed to provide for appropriate ventilation and air flow.</li> </ol> |
| <b>Cleaning, Disinfection</b>    | <ol style="list-style-type: none"> <li>1. Cleaning and disinfection of classrooms, restrooms, stairways multiple times during the school day.</li> <li>2. High touch surfaces in classrooms, restrooms and lunchrooms are disinfected multiple times during the school day.</li> </ol>   |
| <b>Communication</b>             | <ol style="list-style-type: none"> <li>1. LHD: Cambridge is in frequent communication with our Local Health Department. They share resources and information about COVID transmission, as well as best practices for prevention and control.</li> </ol>  |

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| <p><b>COVID Exposure in school</b></p>                       | <ol style="list-style-type: none"> <li>1. After consultation with the Montgomery Township Health Officer, all current best practices for safety will be carefully followed and communicated.</li> <li>2. Parents of students who are identified as close contacts will be promptly notified regarding the day of exposure as well as appropriate guidelines.</li> </ol>  |
| <p><b>Delivery of Education</b></p>                          | <p><b>1. In person education only.</b></p>   |
| <p><b>Symptom Screening</b></p>                              | <ol style="list-style-type: none"> <li>1. Parents should carefully monitor their child for the development of any possible COVID symptoms.</li> <li>2. <i>Students should stay home when sick.</i></li> </ol>  |
| <p><b>Lunch and Snack</b></p>                                | <ol style="list-style-type: none"> <li>1. Snack/lunch periods will take place outdoors weather permitting.</li> <li>2. Students should bring a beach towel or picnic blanket to store in their locker.</li> <li>3. US students will continue with off-campus lunch privileges.</li> </ol>  |
| <p><b>Masking</b></p>  | <ol style="list-style-type: none"> <li>1. Masking continues to be one of the important layers of COVID prevention strategies. Masks will be highly recommended and/or required in the following situations: <ol style="list-style-type: none"> <li>a. During periods of increased risk of transmission</li> <li>b. After returning from isolation</li> <li>c. After a COVID exposure</li> <li>d. If a student develops any symptoms during the school day</li> <li>e. When on school transportation when community levels are high</li> </ol> </li> <li>2. Any student or staff who prefers to mask is encouraged to do so.</li> </ol> |
| <p><b>School Events &amp; Extracurricular Activities</b></p> | <ol style="list-style-type: none"> <li>1. Field trips and assemblies have been reinstated</li> <li>2. Athletic events have been reinstated and will follow the guidelines for numbers of spectators at each game/event.</li> <li>3. COVID transmission levels in the community will be taken into consideration, but at this time <b>Back to School Night</b> is scheduled to be held in person.</li> </ol>  |
| <p><b>Vaccination</b></p>                                    | <ol style="list-style-type: none"> <li>1. All staff are required to be up to date with COVID vaccinations.</li> <li>2. Cambridge tracks the vaccination status of students and staff. This helps to determine the need for</li> </ol>  |

quarantine after a COVID exposure.

7/29/2022

## COVID-19 PUBLIC HEALTH RECOMMENDATIONS for K-12 SCHOOLS (2022-2023)



### Continue to implement COVID-19 prevention and control strategies:

- Encourage staff and students stay up to date with COVID-19 vaccines.
- Enforce isolation and exclusion for those who have symptoms or have tested positive.
- Exclude students and staff who are not up to date with vaccines and have a household exposure.

#### IF YOU'RE SICK

(Positive test or COVID-19 symptoms)

Stay Home on days 0-5  
regardless of vaccination status



#### Go back on day 6 if:

- ✓ Symptoms improve
- ✓ Fever-free for at least 24 hours
- ✓ Wear a mask through day 10



#### IF YOU'RE A CLOSE CONTACT

COVID-19 vaccines up to date  
or COVID-19 in last 90 days:

Continue to attend if:

- ✓ Asymptomatic
- ✓ Wear a mask through day 10
- ✓ Testing recommended on day 5



COVID-19 vaccines NOT up to date:

- Stay home through day 5 unless using Test to Stay\*
- Return on days 6-10 if:
  - ✓ Asymptomatic
  - ✓ Wear a mask
- Testing recommended on day 5

\*Household contacts not up to date with vaccinations cannot participate in test to stay.



### Montgomery Township Health Department

Also serving the Boroughs of Hopewell, Pennington and Rocky Hill, NJ  
For more information, visit <https://www.montgomerynj.gov/health> or call us at (908) 359-8211



Public Health